

Reader Tip in response to September's eNewsletter topic.



A lot of people object to recycling in their homes because it can be inconvenient. Most of our family's recyclables are generated in the kitchen, so to make recycling incredibly easy, we put two trash cans under the kitchen sink -- one for trash and the other for recyclables. This saves traipsing to the garage with every aluminum can or scrap of paper. We even throw pop cans in. With one daily trip to the garage, we sort the kitchen recycle bin into the collected one(s) and our pop can repository -- which goes to the grocery store as is when it's full.

We are proud to be the biggest recyclers on our block. Although there are just two of us, you'd judge from the recyclables that we're a family of 10!

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For this month.....

4 Things to Love About Fall

Fall is one of my favorite times of year. Here are a few things to enjoy about fall with a little eco-friendly twist too.

- * **Seasonal Produce.** Apples, pumpkins, squash, greens, brussel sprouts are in their peak in autumn. It 's always better to eat foods that are in season since they do not need to be transported great distances or stored in temperature controlled environments (both activities using lots of resources!).



- * **Moderate temperatures.** The cooler weather means you can turn off the air conditioner and open the windows to let the fresh air circulate through the house. You may even experience better gas mileage since you can turn air conditioning off in your car!

- * **Falling leaves.** Nothing beats a fall scene with lots of color, and leaves crunching beneath your feet. Yes, raking can be a chore, but leaves can be repurposed in the garden as mulch for flower beds, adding to compost, and enriching soil. **Be sure to check with your local community for information about fall leaf collection services.**



- * **Snuggly clothes.** Layer those jackets, sweaters and scarves to stay warm and cozy, and ready for those shifts in temperature from warm to cold back to warm that we often experience. And by dressing warmly inside, you can keep the thermostat low and save energy.

*Inspired by article written by Jessica Harlan,
for Recycle Bank. www.recyclebank.com.*